



Oct. 15, 2012

# Island Insight



This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Island Intranet under "Information" and on the installation website at [www.ria.army.mil](http://www.ria.army.mil) under "About USAG-RIA" and then "News" and "Local News."

**Island Insight Submission:** <http://www.ria.army.mil/sites/IslandAnn/announcement.cfm>



## Sections:

- [Arsenal Traffic/Construction](#)
- [Building/Space Closures](#)
- [Active Duty/Reserve Zone](#)
- [Safety Spotlight](#)
- [Equal Opportunity Focus](#)
- [Morale, Welfare & Recreation \(MWR\)](#)
- [MWR Leisure Travel Office](#)
- [Child, Youth & School Services](#)
- [Army Community \(ACS\)](#)
- [Employee Assistance Program](#)
- [Education/Training Review](#)
- [Defense Commissary Agency/PX](#)
- [Arsenal Archive](#)
- [Healthbeat](#)
- [Notes for Veterans](#)
- [Car Pooling Announcements](#)
- [Around the Q.C.](#)

## **Arsenal Fire Department Hosts Rope Rescue Technician Course:**

The Rock Island Arsenal Fire Department hosted a Rope Rescue Technician Course at the Quad City Regional Training Site on Arsenal Island, which featured "high line" training on Oct. 10, which involved a rope line used between two towers. The 80-hour course was taught by certified instructors from the Illinois Fire Service Institute in Champaign, Ill. The course started Monday, Oct. 1, and

concluded Oct. 12 with approximately 40 students having participated from various Illinois fire departments. The scope of the course was to prepare local responders to operate as a local member of a regional team within the National Incident Management System at a Chemical, Biological, Radiological, Nuclear, or Explosive "Weapons of Mass Destruction" event requiring statewide response that has resulted in the need for a high-angle rescue. This

course provides those personnel with the basic knowledge and skills needed to perform rescues using rope systems. The class covers the use of rope, rope equipment, hardware, construction of mechanical advantage systems, belay and safety systems,



anchor systems, and patient packaging. Special consideration will be given to the policies of standard-making agencies such as Occupational Safety & Health Administration, American National Standards Institute, National Fire Protection Association, and others. ([QC Times](#)) ([KWQC](#))

## **JMC Commander Visits Veterans at Iowa City VA Medical Center:**

Edward Studeny, of Davenport, Iowa, was not expecting a conversation with a Rock Island Arsenal general during his morning medical appointment. Brig. Gen. Kevin O'Connell conducted his first visit to the Iowa City VA Medical Center Sept. 27, since becoming the JMC commander in early June. ([More](#))



## **Local Cub Scouts Observe, Participate in 'Retreat' Ceremony:**

Soldiers of the Army Sustainment Command invited Cub Scouts from Davenport, Iowa's Garfield Cub Scout Pack 19 to participate in the evening retreat ceremony, Oct. 1, at



Rock Island Arsenal, Ill. The tradition of honoring the U.S. flag during an evening ceremony began in 1835 and is comprised of the sounding of "Retreat," the firing of the evening gun, followed by the playing of "To the Color" as the flag is lowered. ([More](#))

**Brigadier General Feldmann Retires from ASC:** Brig. Gen. Steven Feldmann accepted his retirement certificate, alongside his wife, Jane, from Brig. Gen. John Wharton on the Rock Island Arsenal on Friday, Oct. 12. Feldmann is a Hopkinton, Iowa, native and a former member of the Cedar Rapids Police Department. Feldmann served for more than 38 years and retires from his position as the Army Sustainment Command's Deputy Commanding General for Mobilization and Reserve Affairs. ([More](#))



**Most Feds Get An Extra Pay Period's Worth of Leave This Year:** Most federal employees will earn an extra pay period's worth of leave by the end of 2012, according to the Office of Personnel Management. A new



## Upcoming Dates

**Oct. 14-20:** International Credit Union Week  
**Oct. 15:** Pregnancy & Infant Loss Remembrance Day  
**Oct. 15:** White Cane Safety Day  
**Oct. 15:** Blind Americans Equality Day  
**Oct. 15-19:** National School Lunch Week  
**Oct. 15-19:** National School Bus Safety Week  
**Oct. 15-21:** National Drug-Free Work Week  
**Oct. 16:** National Boss's Day  
**Oct. 16:** National Feral Cat Day  
**Oct. 16:** World Food Day  
**Oct. 16:** National Day of Concern about Young People and Gun Violence  
**Oct. 18:** International Credit Union Day  
**Oct. 20:** Sweetest Day  
**Oct. 21-27:** National Radon Action Week  
**Oct. 21-27:** National Teen Driver Safety Week  
**Oct. 21-27:** America's Safe Schools Week  
**Oct. 22:** National Acupuncture & Oriental Medicine Day  
**Oct. 23:** National Mole Day  
**Oct. 23-31:** National Red Ribbon Week  
**Oct. 24:** United Nations Day  
**Oct. 24:** 91<sup>st</sup> Anniversary for Tomb of Unknowns  
**Oct. 25:** 597<sup>th</sup> Anniversary of the Battle of Agincourt (2<sup>nd</sup> Amendment Observance)  
**Oct. 26:** 6<sup>th</sup> IMCOM Birthday  
**Oct. 26:** National Zombie Day  
**Oct. 27:** RIA Military Retiree Appreciation Day [📅](#)  
**Oct. 28:** 126<sup>th</sup> Birthday Statue of Liberty  
**Oct. 31:** Halloween  
**Nov. 4:** Daylight Saving Time Ends  
**Nov. 6:** Election Day  
**Nov. 8:** Honor Flight of the Quad Cities [📅](#)  
**Nov. 10:** U.S. Marine Corps 237<sup>th</sup> Birthday  
**Nov. 11:** Veterans Day  
**Nov. 12:** Veterans Day Holiday (For most federal employees this will be treated as a holiday for pay and leave purposes) [📅](#)



memo from Angela Bailey, OPM's associate director of employee services, instructs chief human capital officers to inform employees that most will accrue an additional four, six or eight hours of annual leave during the 2012 leave year, which began on Jan. 1, 2012, and ends on Jan. 12, 2013. ([More](#))

## **Army Prepares For Workforce Cuts, But Not Sequestration Specifically:**

Army Undersecretary Joseph Westphal said Wednesday the service is not planning any contingencies for sequestration and warned the cuts would threaten the Army's stability. Speaking at an event the Government Executive Media Group hosted, Westphal said any systematic planning for sequestration -- automatic, governmentwide across-the-board cuts set to go into effect on Jan. 2, 2013 -- would create a "self-fulfilling prophecy" toward eliminating programs. ([More](#))



**Fed Retirees to See 1.7 Percent COLA Increase in 2013:** Federal retirees will see their cost-of-living adjustments increase by 1.7 percent next year. Social Security recipients received a 3.6

percent increase in benefits this year after getting none the previous two years. Meanwhile, the increase is more than the Congressional Budget Office's estimate earlier this year of 1.38 percent. ([More](#))

## **Retirements Surge, New Hires**

**Plummet:** The federal government's long-awaited retirement wave is here, and it's smacking headlong into the biggest hiring slowdown in a decade. And it's not just retirements. Overall attrition shot up in 2011, which caused the government's total workforce to drop by its greatest amount since the height of the government downsizing in 1999. ([More](#))



## **Army's Conference Spending Dwarfs**

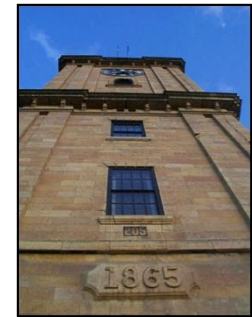
**GSA's Total:** The U.S. Army in 2010 spent \$10.7 million on a Washington conference, about 13 times the amount paid by the General Services Administration for an event near Las Vegas in the same year that has been criticized by Congress.



The Army also spent \$10.6 million on the conference last year, part of \$37.7 million paid by taxpayers in the past four years for 9,805 service members and civilians to participate in the annual gathering, according to records obtained through a Freedom of Information Act request. The event, arranged by an outside group, is the largest professional development forum in which the service participates. ([More](#))

## **Historic Clock Tower Can Be Toured:**

The U.S. Army Corps of Engineers Mississippi River Project invites guests to take a tour of the historic Clock Tower on Arsenal Island. Relive the early days of the Rock Island Arsenal while climbing up the historic corridor of the Clock Tower Building, which has been a Quad-City landmark for more than 100 years, to see a spectacular view of the Mississippi River. The free 1 1/2-hour ranger-led tour will begin at 10 a.m. Saturday, **Oct. 20**, at the Mississippi River Visitor Center on the western end of Arsenal Island at Locks and Dam 15. Advance registration is recommended. An adult must





accompany children under 12 years of age. All persons over age 16 must carry a photo ID to enter the island. To sign up for the program, call (309) 794-5338. ([More](#))

## **Health Providers Benefit Fair Federal Benefits Health Fair:**

This year's Health Providers Benefit Fair will be held **Nov. 5-7, 9**

a.m. – 1 p.m. in Bldg. 60. POC: [Amber Ehrecke](#), (309) 782-1206.

### *Situational*

*Awareness* – The annual federal benefits open season will run **Nov. 12 – Dec. 10** this year. During that time, FEHB enrollees can change plans or change types or levels of coverage, and those eligible who are not enrolled can join. Plan brochures this year will have a separate section on deductibles, copayments, coinsurance, out-of-pocket limits and other costs; covered services, examples of covered services, and excluded services; and rights to continue coverage and grievance and appeal rights. OPM also is revamping its own brochure to make it more concise and easier to understand. The open season also allows enrollments or changes in the FEDVIP vision-dental insurance plan; as with FEHB, if a FEDVIP



enrollee makes no changes, current enrollment will continue in the upcoming calendar year, subject to any coverage or cost changes. However, a new enrollment is required every year during the open season under the flexible spending account program. You can find more information about these programs at [www.opm.gov/insure](http://www.opm.gov/insure).

## **Arsenal Family Fun Day at Quad City**

**Botanical Center:** The Quad City Botanical Center would like to show their appreciation for our entire Arsenal community by inviting all Arsenal employees including military, civilians, contractors and their families to its "Arsenal Family Fun Night" on Thursday, **Oct. 18**, 5:30-7 p.m. You will receive free admission to the center for a fun night of outdoor games, hotdogs, chips & lemonade, coloring crafts and sun garden exploration. Please call the Botanical Center at (309) 794-0991 for more info. ([More](#))

## **Military Retiree Appreciation Day is**

**Oct. 27:** Retirees from all branches of the armed forces and their family members are eligible to attend a Retiree Appreciation Day on **Oct. 27** at the Rock Island Arsenal. The event will begin at 7 a.m. and conclude at 1 p.m. at the Post Restaurant, Bldg. 60. Retiree

Appreciation Day is an opportunity for all armed forces retirees, spouses, widows and guests to receive updated information about retiree entitlement programs. Photo identification is required for all personnel to access the installation. Registration is required and must be submitted no later than **Oct. 13**. The [registration form is available HERE](#). Lunch is available for \$11. Checks should be included with the registration form and made payable to "Arsenal Club." Registration forms can be mailed to: Retiree Appreciation Day, 916 Belmont Ave., Davenport, IA 52804. For more information, call (563) 322-4823.

## **Don't Turn Your Back on Domestic**

**Violence:** In recent years, there has been an upward trend in substantiated cases of Domestic Abuse in the Army. It is important to realize that many causes and conditions contribute to domestic abuse and violence, and it takes more than the usual effort to reduce the risk. We should



never assume that someone else is solving the problem for us. Everyone in the Army community needs to know that whether you are an offender, a victim or a bystander, you can act to make a difference. The Army Family Advocacy Program is here to help. **National Domestic Violence Hotline** – staff provides callers with crisis intervention, information about domestic violence, and referrals to local programs 24/7 ... **(800) 799-SAFE (7233), RIA Victim Advocate: (309) 782-3773** ([More](#)) ([RIA Family Advocacy](#)) ([StandTo!](#)) ([ArmyOneSource](#))

**Honor Flight Network – WWII Veterans Still Sought for Trips to D.C.:** Honor Flight of the Quad-Cities has flown nearly 2,000 veterans to the nation's capital to see their war monuments, but organizers want to make sure every area World War II veteran has a chance to make the trip. Preparation for the next trip, the last for 2012, is underway and is scheduled for **Nov. 8**. To apply, veterans should visit [www.HonorFlightQC.org](http://www.HonorFlightQC.org) for an application. Information is also available at Ridgcrest Village, 4130 Northwest Blvd., Davenport. All honor flights



depart on a non-stop charter from the Quad City International Airport to Washington, D.C., and return the same evening at approximately 10 p.m. If you know a WWII veteran from outside the area and need information from the national Honor Flight Network go to: [www.honorflight.org](http://www.honorflight.org)

### **Rock Island Arsenal Community Health Promotion Council Meeting:**

The next CHPC meeting will be held on Thursday, **Nov. 1**, 1:30 - 3 p.m., in the Arsenal Club, Bldg. 60, 1<sup>st</sup> floor. ASC will chair the meeting. Rock Island Arsenal established a CHPC in order to better serve our active and reserve military members, all civilian employees and all family members. The CHPC is designed to build a comprehensive approach that addresses the physical, mental, social, emotional and spiritual needs of our Arsenal community. The CHPC allows our installation to combine efforts with several community support agencies, resulting in a more effective and efficient way to serve our total force. The participation of our installation tenant organizations as CHPC members is critical to our success. If you may be



interested in participating as a team member please contact the USAG-RIA Action Officer: [Lori Griffin](#), (309) 782-2551.

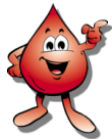
### **HHC ASC Change of Command Ceremony:**

Rock Island Arsenal Military Community – Col. Victor Harmon cordially invites you to attend the Headquarters and Headquarters Company ASC Change of Command Ceremony on Friday, **Oct. 19**, at 11 a.m., between Capt. Justin Bergen, company commander; and Capt. James Mick, incoming company commander. The ceremony will take place at the Rock Island Arsenal Fitness Center. Uniform: military-ACU with black beret; civilian: casual.

**Blood Drive:** The Mississippi Valley Regional Blood Center is hosting a blood drive in the Caisson Room (First Floor, Bldg. 60), on **Friday, Oct. 19, 10 a.m. – 12 p.m.** If you would like to donate at this blood drive, feel free to e-mail [SHoegerl@mvrbc.com](mailto:SHoegerl@mvrbc.com) with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119. A **2<sup>nd</sup> shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning



at **6:15 p.m. on Nov. 2**. A **3<sup>rd</sup> shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **2:15 a.m. on Dec. 7**. To sign up for a blood drive held on either the 2<sup>nd</sup> or 3<sup>rd</sup> shift, donors should contact their shift supervisor.



***Charlie Corpuscle Says,** "On behalf of the patients we serve, Thank You to all of our Arsenal Blood Donors! Not a donor? New donors are always welcome!"*

**The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information [click here](#).**

**VIOS Schedule for October:** Official DA Studio Photography (DA, government passport and command photos) will be offered at RIA **Oct. 16, 17 and 18**. Appointments may be scheduled online by submitting a DA3903 Work Request using the [Visual Information Ordering Site](#) for these available times: Tuesday, **Oct. 16**, 7:20 a.m. – 3:40 p.m.; Wednesday, **Oct. 17**, 7:20 a.m. – 3:40 p.m.; and Thursday, **Oct. 18**, 7:20 a.m. – 3:40 p.m. Click on "Frequently Asked Questions" for more information. Walk-in appointments are

not available. Photographs will be taken at the Photo Studio (Bldg. 56, basement, by elevator). Priority is: 1. Active duty Soldier's DA photos, 2. Official government passport photos, 3. Official command photos, 4. DA photos for Army Reserve and Army National Guard Soldiers (not on active duty). The 8"x10" head and shoulders-command photos will be printed and available digitally. Additional prints can be ordered in VIOS. To obtain an official government passport photo: 1. Schedule a passport photo appointment at the RIA VIOS website. 2. Go to Transportation to obtain a printed DA Form 3903, Multi-Media/Visual Information Work Order, signed by the passport agent in Block 14. 3. Present that DA3903 form to the photographer before the passport photo is taken. You will receive two 2"x2" Passport photos. All scheduled dates can be found on the RIA VIOS website FAQ.

**Transportation Office (Personal Property Branch) Closed Oct. 18-19:** The Personal Property Branch of the Rock Island Arsenal Transportation Division will be closed **Oct. 18-19** for Defense Personal Property Training. Normal hours will resume **Oct. 22**. If there is an emergency, please contact

Sherry Duburg or Deshonda Davis-Locke at (309) 721-9472.

### **Arsenal Attic Thrift Shop &**

**Boutique:** The Arsenal Attic Thrift Shop will be open two Saturdays this month, **Oct. 20 and Oct. 27** (Retirement Appreciation Day). Shop with us from 9 a.m. – 3 p.m. either day. Your purchases make our contribution to the Scholarship Fund grow with each sale. POC: (309) 782-6977.

### **Rock Island Arsenal Historical**

**Society Meeting:** Jo Noon, site coordinator for Pioneer Village will speak at the Arsenal Golf Club. If you join us for dinner, advanced reservations must be made with Linda at (563) 355-6165, by **Oct. 29**. The 7 p.m. program is free and open to the public.

Date: **Thursday, Nov. 1**

Time: **6 p.m. Dinner, 7 p.m. Speaker**

### **Halloween Themed Trivia Night at St.**

**Alban's:** **Oct. 20** is the final St. Alban's Trivia Night for this year. Come play Halloween themed trivia. Prizes for best costumes. Doors open at 6:15 p.m. Game starts at 7 p.m. \$10 per person, teams of eight. BYOB and snacks. Contact George Eaton at [eatongeo@msn.com](mailto:eatongeo@msn.com) for reservations. 3510 W. Central Park, Davenport.



Time: 7-10 p.m.

## Arsenal Traffic/Construction



### North Avenue Repair & Closures:

Beginning on or about **Sept. 19**, the Directorate of Public Works will begin a project to repair North Avenue between East Avenue and Gillespie Street. The repair will include the replacement of the paving, sidewalk and adjoining intersections. The project is scheduled to be completed by **Jan. 12**. Work will be completed in a phased approach to minimize the effect on traffic flow and parking. Signage, safety barriers, and temporary pedestrian crosswalks will be positioned at appropriate locations. Please see the enclosed map for phases. Doing the work in phases to ensure that we maintain as much access to parking lots and loading areas as possible throughout the duration of the project. The majority of parking in the courtyards and along the North Avenue frontage road will not be affected in phase 1, however, the courtyard of buildings 66 and 68 will be affected. During phase 2, access to the western courtyards will be from the Gillespie Road driveway in the vicinity of Bldg. 60. Parking spaces to the north of Bldg. 61 will be closed to allow construction

of a bus turnaround point for the RIA Museum. During phase 3 employees will be able to use the new access points along North Avenue. Access to parking lots north of North Avenue will be through Gillespie Street. Employees should cross North Avenue at the designated pedestrian crosswalks.

## Building/Space Closures



### Closure of Third Floors in Bldg. 61,

Bldg. 62: The Directorate of Public Works plans to close Bldg. 61 3<sup>rd</sup> floor and Bldg. 62 3<sup>rd</sup> floor, East and South Wings, **Sept. 10 - 3<sup>rd</sup> week in May** to execute projects. Closure is to prevent individuals from entering the work area and to preclude any potential accidents. Plastic enclosures will be installed from the passenger elevator in Bldg. 62 to the eastern most stairwell in Bldg. 61 so employees in Bldg. 62/3/W have an entry/exit pathway. Entries will be marked with signage and barriers to prevent entry.

### Closure of North Entrance, West

Side, Bldg. 102: Beginning **Aug. 29**, the Directorate of Public Works will close the North entrance on the West side of Bldg. 102. This closure is necessary for replacement of the exterior deteriorated

steps and sidewalk. Repairs are scheduled to be completed by **Oct. 23**. Pedestrian traffic should walk on the West side of Gillespie when traveling between South and Rodman Avenues. Signage and safety fence will be positioned at appropriate locations.

## Active Duty/Reserve Zone



### Ivy League University Works With Troops to Instill Importance of Archaeological Conservation:

War is not good for historical and archaeological preservation, and a University of Pennsylvania professor is working with the Army, Marine Corps and Air Force to do something about it. ⚡ Members of the U.S. armed forces were deploying with no cultural-heritage training and had little understanding of the cultures they were charged with protecting. To help address these educational shortcomings, Rose came up with the idea for Troops Lectures, a program that takes archaeologists to U.S. military bases to teach the cultural heritage of





Iraq and Afghanistan. Because Soldiers became the primary security agents at both archaeological sites and museums, Rose believed these briefings would promote a greater comprehension of and respect for cultural heritage and preservation in areas of conflict. He also hoped that this program would play a role in decreasing the number of antiquities smuggled out of the country. ([More](#))

## **DoD Helps Military Families**

**Maintain Financial Readiness:** As service members prepare for any and all possible military operations, the Defense Department is reaching out to ensure that there are no contingencies back home to distract them from the mission, namely their personal finances. Barbara Thompson, director of DOD's Office of Family Policy/Children and Youth, is leading the information campaign with a different theme each month -- starting with retirement savings -- to help service members and their families stay in top financial shape. ([More](#))

## **Army to Field Radio-Based Combat**

**ID:** The U.S. Army announced it has completed field testing for radio-based combat identification capabilities, which it expects to field next year as part of Capability Set 14. Product Manager

Network Systems and the U.S. Army Research, Development & Engineering Command's communications-electronics RD&E center, or CERDEC, concluded three and a half years of work this summer at Fort Dix, N.J., that will save taxpayer dollars by leveraging and updating software embedded in the pervasively fielded Single Channel Ground and Airborne Radio System, or SINCGARS. ([More](#))

## Safety Spotlight



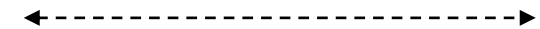
### **Halloween Safety and Quad City**

**Trick or Treat Times:** Every Halloween, many young people take to the sidewalks and streets as soon as the sky grows dark to make their candy-gathering circuit through the neighborhoods, and much of the older crowd takes advantage of the occasion to attend local parties and celebrate into the late hours. Like any occasion during which large numbers of people are out and about after dark, Halloween brings with it certain hazards. With many children crossing streets and often approaching the homes of strangers, and with many adults (and unfortunately teens) partaking in alcohol, safety organizations strongly urge participants in the festivities to use common sense

and caution. ([More](#)) ⌂ In the Quad Cities, as in any community, it's good for everyone to be aware of when the Trick of Treat times are for your city whether you have children participating, you're giving out candy, or even if your porch light is off and you have the blinds drawn. In the QC the time are: **Bettendorf, Oct. 31**, 5-7 p.m.; **Davenport, Oct. 30**, 5-8 p.m.; **Moline, Oct. 31**, 5-8 p.m.; and **Rock Island, Oct. 31**, 5-8 p.m. ([additional cities](#))

### **North Avenue Construction Safety:**

The Arsenal Island workforce is reminded to stay clear of North Avenue construction. The Garrison Safety Office has received reports of people ignoring barriers and entering and crossing the construction site. These actions pose a serious hazard to the people performing this unsafe act. We really appreciate your support in accident prevention. Have a good day and great week.



## Equal Opportunity Focus



### **National Disability Employment**

**Awareness Month:** Each year, the month of October is celebrated as "National Disability Employment Awareness Month" to remind both





employers and job seekers alike of the employment contributions and needs of individuals with disabilities. This year's theme, A Strong Workforce is an Inclusive Workforce: What Can YOU Do? is meant to emphasize how our workforce can be improved and be strong when we all work together to ensure we are inclusive of individuals with disabilities. ([More](#))

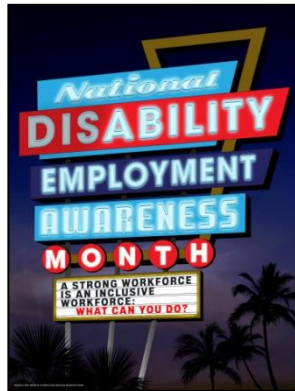
## **National Disability Employment**

**Awareness Month Fair:** US Army Garrison – Equal Employment Opportunity

Office Presents:

National Disability Employment Awareness Month Fair, **Oct. 24**, 10:30 a.m. - 12:30 p.m., in Heritage Hall, Bldg. 60, at Rock Island Arsenal.

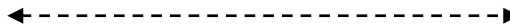
This year's National Disability Employment Awareness Month is "A Strong Workforce is an Inclusive Workforce: What Can You Do?" For any additional information or special accommodations are needed - please contact [Carmen Ausborn](#), disability



employment program manager, (309) 782-2927.

## **Report: Improve Treatment of Disabled Employees in Federal Workforce:**

The federal government is hiring more disabled workers and reducing the number of disability discrimination complaints overall, but it is still struggling to adequately meet the needs of disabled employees, a new study has found. Tully Rinckey PLLC, a law firm that provides services to federal employees, found in its evaluation of the Equal Employment Opportunity Commission's Annual Report on Federal Workforce that discrimination complaints were down 6 percent in fiscal 2011 from fiscal 2010, but up 4 percent over the last five years. ([More](#))



## **Morale, Welfare & Recreation (MWR)**



### **Morale, Welfare & Recreation**

**(MWR):** Visit the MWR website at [www.riamwr.com](http://www.riamwr.com) for information on all MWR programs. Also [click here](#) to become a fan on Facebook and stay up to date on all the great MWR offerings here at the Arsenal.

**Oil Change Clinic:** Let the pros of the Auto Shop teach you how to change the oil in your vehicle. There will be an Oil Change Clinic on **Oct. 24**, 5 p.m. – 6:30 p.m. Cost is only \$5. Please call (309) 782-8631 to sign up.

**Free Fall Vehicle Inspection:** Stop by the Auto Shop on **Oct. 27**, 9 a.m. – 2 p.m. for a free Fall vehicle inspection. This free inspection includes fluid levels, tires, suspension and more. Perfect opportunity to get your vehicle ready for the winter. Please call (309) 782-8631 for more information.

## **Ghost Hunters' Dinners at Historic Quarters One:**

The ever-popular Ghost Hunters' Dinners are back for 2012. Enjoy a gourmet meal at the Clubhouse followed by a presentation by the Rock Island Paranormal Society on the haunted history of Historic Quarters One. After the presentation, armed only with flashlights, guests are invited to search this beautiful building for evidence of the paranormal. The remaining date planned for 2012 is **Oct. 31**. Cost is \$45/person and reservations are strongly recommended as these fill up fast. Call



(309) 793-1601 for more info and to reserve your spots. ([Flyer](#))

## **MWR's Island Oasis Outdoor Grill**

**Still Open:** The MWR grill outside Bldg. 67 (Fitness Center) will continue outside operations until the weather forces us inside for the season. This foodservice option is available Monday - Friday, 6:30-9 a.m., for breakfast inside the Fitness Center and, 11 a.m. - 1 p.m., outside on the lawn (except during inclement weather). An announcement will be made when we decide to move inside for the winter months, until the come by and see us at the grill for some great food.

## **Seasonal Grills at Buildings 299 and 350:**

Effective Oct. 4, the seasonal grills at buildings 299 and 350 closed for the season. POC: Jeff McMahon, (309) 782-3956.

## **Oil Change Special at the Auto Shop:**

The Auto Shop is offering an Oil Change Special in celebration of October being Car Care Month. Stop in anytime in October and receive standard oil and filter change (up to 5 quarts) for only \$20. Please call (309) 782-8631 to schedule an appointment.

## **All-Army Digital Photography**

**Contest:** Calling all ubercreative photographers to submit entries to the Army Digital Photography Contest during the contest submission period from **Oct. 15 - Nov. 30.** ([For more information](#))

## **US Army Soldier Show Nominations**

**Now Being Accepted:** The IMCOM, U.S. Army Entertainment Division is accepting nominations for performers and technicians to participate in highly visible and prestigious US Army Soldier Show for the 2013 season. For more information please review the OPRD and its Annexes by visiting [this link on AKO.](#)

## **Now Booking Holiday Parties at the**

**Golf Clubhouse:** The holiday season will be upon us before we know it ... it's time to start considering where you'll be holding your holiday get-togethers this season. Let our experienced and professional banquet and catering staff help plan your event to ensure that your party is the one that everyone will talk about for years to come. Call Damen at (309) 782-4372 for more info and to reserve your dates.

**New MWR Website:** Come check out our new and improved MWR website at

[www.riamwr.com](http://www.riamwr.com) for information on all things MWR. We hope that this new layout will make it easier for you to navigate to the information that you need. Please bear with us as we continue to transition all of the files and links from the old web server. If you cannot find the information that you are looking for or just need help navigating the new layout please feel free to call the MWR marketing office for assistance at (309) 782-4420.

**Electronic Marquee Outage:** The operating system used to update the outdoor marquee signs on either side of the Island has become obsolete and inoperable. Consequently no requests for messages can be fulfilled and the signs have been shut off at this time. The Garrison is working towards a solution and a future message will be sent out as information becomes available about whether the signs can be repaired or replaced.

←-----→

## **MWR Leisure Travel Office**



**Office Hours:** Monday through Friday, 9 a.m. – 3 p.m., Bldg. 60. The office is closed for lunch from 10:30–11 a.m., (309) 782-5890. ([email](#)) ([website](#))



**Six Flags Fright Fest:** Fright Fest at Six Flags Great America is one of the most terrifying Halloween events in the world! With numerous horrifyingly delightful haunted mazes, shows and rides, you and your friends will have the fright of your life. Fright Fest is every weekend in October. Tickets are on sale for \$38 at the LTO.

**Woodfield Mall Shopping Trip:** Join us for a fun day of shopping at the Woodfield Mall in Schaumburg, Ill. More than 300 stores and restaurants to choose from. Get your seat soon because this bus trip is a sellout.  
Date: **Saturday, Nov. 10**  
Time: **6:30 a.m.**

**Tenth Avenue North:** Tenth Avenue North will be at the Adler Theatre for a one night performance. Get your discounted tickets at the Leisure Travel Office. Seat location is on the Floor Row J and L for \$19. For more information contact the Leisure Travel Office at (309) 782-5890.  
Date: **Saturday, Nov. 10**  
Time: **7 p.m.**

**iWireless: Holiday Pops:** Don't miss this electrifying holiday tradition at the iWireless Center. This year's Holiday Pops concert will feature: Mark Wood,

founding member of Trans-Siberian Orchestra. Seats on sale for \$35.  
Date: **Saturday, Nov. 17**  
Time: **7:30 p.m.**

**Circa Under 21 Presents: Freckleface Strawberry:** This upbeat children's musical is based on the beloved New York Times bestselling book by celebrity Julianne Moore and teaches a wonderful lesson about loving the skin you are in. Reserve your seats today for only \$10. Limited seating available. On sale until **Nov. 17**.  
Date: **Saturday, Dec. 1**  
Time: **10 a.m.**

**Disney On Ice: 100 Years of Magic:** Join the celebration as 65 of Disney's unforgettable characters from 18 beloved movies come to life. Be captivated by many Disney Princesses. Be thrilled by moments from Lion King, Mulan, Finding Nemo, and Toy Story films. Leisure Travel has many show times to choose from. Seats on sale until **Nov. 12**.  
Date: **Thursday, Dec. 13**  
Time: **7 p.m.**

**Downtown Chicago Shopping Trip:** Let the Leisure Travel Office handle the transportation and you concentrate on

the shopping. Cost is \$41 per person ... sign up now.  
Date: **Saturday, Dec. 15**  
Time: **6:30 a.m.**

**Miracle on 34<sup>th</sup> Street:** This joyous, heart-warming musical is pure family entertainment, and the perfect holiday treat. Discounted seats are \$43.50 and on sale until **Dec. 1**.  
Date: **Saturday, Dec. 15**

**Adler: West Side Story:** From the first note to the final breath, West Side Story soars as the greatest love story of all time and remains as powerful, poignant and timely as ever. Leisure Travel has discounted floor seating for \$62. On sale until **Dec. 21**.  
Date: **Monday, Feb. 18**  
Time: **7:30 p.m.**

**Adler: Rock of Ages:** In 1987 on the Sunset Strip, a small town girl met a big city rocker and in LA's most famous rock club, they fell in love to the greatest songs of the '80s from Journey, Night Ranger, Styx, Poison, Pat Benatar, Twisted Sister and many more. On sale until **Feb. 26** for \$59.50  
Date: **Wednesday, April 24**  
Time: **7:30 p.m.**



## **MWR Outdoor Recreation Seasonal Entrance Change:**

With the end of the summer season, Outdoor Recreation patrons are asked to use the South Entrance to the Equipment Checkout Center in Bldg. 333.

**Tours of Historical Quarters One:** We now are offering Historical Quarters One Tours - Quarters One tours are now available to be scheduled through the Leisure Travel Office. Our Contracted Tour Guide is Benny Wild. The tour will cost \$30 per hour. POC for this is Anna Winters, (309) 782-5890.

## **Child, Youth & School Services**

**Covenant Cottage Child Development Home:** [Covenant Cottage Child Development Home](#) is available for backup, emergency, and hourly care for ages four weeks through 12 years. The home is located on post and is open from 6 a.m. – 6 p.m. Monday through Friday, Tuesday and Thursday evenings and Saturday mornings. Army Family Covenant Guidelines state deployed Soldiers are entitled to 16 hours free respite childcare per child, per month. For reservations call (309) 782-6793. We encourage you to call as far in

advance as possible because spaces fill quickly.

## **Army Community Service (ACS)**

ACS is located in Bldg. 110, 1<sup>st</sup> floor SE; Visit our [ACS website](#) or phone (309) 782-0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook [click here](#). 24/7 Sexual Assault Hotline: (309) 229-8412



## **Remodeling in Army Community**

**Service Center:** Pardon our mess. The ACS Center is going through a four-week remodeling period through mid-October. The center is open during the construction period. Please be patient as we have reduced work space.

## **Employee Assistance Program**

For free, confidential counseling assistance or for information on services that are available, call (309) 782-4357. Normal business hours are

from 7:30 a.m. – 5 p.m., Monday - Friday. For additional information on the Employee Assistance Program see [our website](#) or visit us on [Facebook](#). The new location for the EAP/ASAP is Bldg. 56, 1<sup>st</sup> floor, East.

**National Drug Free Work Week:** This week is National Drug Free Work Week and we ask that

all RIA personnel pledge to be drug free and safe at work.



Every year, people are injured and killed at work due to being under the influence of drugs. If you believe drugs are a problem in your life, please contact the EAP at (309) 782-4357. EAP services are free and confidential.

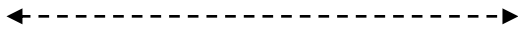
## **PTSD Support Groups:**

Help is available if you or a loved one is experiencing symptoms of Post-Traumatic Stress Disorder. The Rock Island Arsenal Health Clinic and Employee Assistance Program are sponsoring support groups to assist you through this difficult challenge. Contact Rita Baugh, EAP counselor, at (309) 782-2552 for more details.





**Smoking Cessation Group:** Need help to quit smoking? Good news! The Employee Assistance Program offers an ongoing educational support group for people who would like to be smoke-free. The group meets each Wednesday 3-4 p.m. at the EAP office located in Bldg. 56, 1<sup>st</sup> floor, East.



## Education/Training Review



**The Rock Island Army Education Center is located in Bldg. 56, 1<sup>st</sup> floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: (309) 782-2065 Fax: (309) 782-7901. Please visit our [website](#) to learn more.**

**Get Ready, Get Set, Go-Go-Go to School!**: Seeking or pursuing a college degree? Have questions? The Army Education Center will be hosting on a monthly basis the following schools: 1<sup>st</sup> Monday of each month - **Nov. 5**: Upper Iowa University (POC: [Daniel Marvin](#), (563) 359-7111); 3<sup>rd</sup> Monday of each month – **Nov. 19**: Trinity College of Nursing & Health Sciences (POC: [Christiana Headley](#), (309) 779-7774); 2<sup>nd</sup> Wednesday of each month – **Nov. 14**: Kaplan University (POC: [Jason](#)

[Wilebski](#), (563) 441-2485); 3<sup>rd</sup> Wednesday of each month – **Oct. 17, Nov. 21**: St. Ambrose University (POC: [Bill Gleason](#), (563) 333-6354); 1<sup>st</sup> Thursday of each month – **Nov. 1**: Eastern Iowa Community College (Scott, Clinton, and Muscatine, IA), (POC: [Rebecca Geiken](#), (563) 441-4060); 2<sup>nd</sup> Thursday of each month – **Nov. 8**: Black Hawk College (POC: [Susan McPeters](#), (309) 796-5027); 3<sup>rd</sup> Thursday of each month – **Oct. 18, Nov. 15**: Ashford University (POC: [Derek Phillips](#), (800) 798-0584 ext 3077). Military personnel, family members, and DoD civilians are welcome to stop by. No appointments are necessary, unless specified. All scheduled times are 10 a.m. – 2 p.m. in Bldg. 56, 1<sup>st</sup> Floor, Room 120. Education Center POC: [Stephanie Allers](#), (309) 782-5895.

**St. Ambrose University News Great News**: Effective Oct. 1, SAU was selected to instruct MBA courses here on Rock Island Arsenal. All courses will be held in Bldg. 56, 1<sup>st</sup> Floor. For more information regarding this program, please contact Michele Leonard at SAU, (563) 333-6170 or Michelle Beck at RIA, (309) 782-0965.

**Army Ed Center No Longer Proctoring Academic Tests On-Base:**

Effective Oct. 1, the Army Education Center (Bldg. 56) will no longer be able to proctor academic testing on-base. The Education Center will continue doing the various Army Personnel Tests, and the National Testing Center (Bldg. 56) will continue to do CLEP/DSST testing. Please see full announcement below for details.

### **Army Education Center Update!**

Effective Oct. 1, per [HQ IMCOM OPORD 12-145](#), the Army Education Center will no longer be able to proctor academic testing on-base. This OPORD directive affects Service Members, Family Members and DoD Civilians who attend online colleges, which require tests be taken at an approved proctored site. The Education Center, located in Bldg. 56, Room 118, will continue testing in Army/Military Personnel Testing, Language, Aptitude, and Classification Tests (AFCT, DLAB, DLPT/DLRPT, OPI), and the Test of Adult Basic Education. The National Testing Center located in Bldg. 56, Room 121, will continue to do the College-Level Examination Program and the DANTES Subject Standardized Test exams. These exams allow service members, eligible spouses, and (in some cases) DoD civilian employees to earn college credit by attaining qualifying



scores on college subject exams. For additional information, please contact the following POCs – Army/Military Personnel Testing: [Army Education Center](#) (309) 782-2065; CLEP and DANTES: National Testing Center, (309) 558-6444, [JA-Holan@wiu.edu](mailto:JA-Holan@wiu.edu)

## Defense Commissary Agency / PX

☪  
The [Rock Island Commissary](#) makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: [www.commissaries.com](http://www.commissaries.com) ([Facebook](#))

**Fall Signals Beginning of Holiday Savings Events**: October represents the unofficial start of the holiday season for commissary customers who'll be seeing store promotions, giveaways and more opportunities for discounts beyond their usual savings of 30 percent or more, said Chris Burns, the Defense Commissary Agency's director of sales. • "Pink for

the Cure." From **Sept. 27 to Oct. 24**, General Mills will show its support for breast cancer awareness with high-value coupons on pink packaging on select General Mills brands. • "From the Bases, to the Races." **Oct. 11-24**, Scott, Kleenex, Huggies, Kotex, Clorox and Bush's products will offer commissary customers a chance to enter to win a grand prize package for two that includes airfare, hotel, race tickets and pit passes to the February 2013 Daytona 500 Nationwide and Nextel Cup races as well as a \$300 Visa cash card for meals and incidentals. • Thanksgiving holiday meal. Beginning **Oct. 25**, commissary customers will be able to purchase their complete Thanksgiving meal.

**Food Safety Alerts**: For information about the latest food-safety alerts and product recalls affecting military commissaries, visit [www.commissaries.com](http://www.commissaries.com) and click on the Food & Product Recalls under the Quick Links box on the front page. For general food-safety information, visit the website and choose Food Safety at the bottom of the page.

**Sales Flyers**: Patrons can visit the [AAFES website](#) and sign up to receive free online sales flyers.

## Arsenal Archive

☪  
Information for the *Arsenal Archive* is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free.

### **Iowa, Illinois Premieres of Rock Island Civil War Prison**

**Documentary**: Heritage Documentaries announces the premieres of a new video documentary: The Rock Island Civil War Prison: Andersonville of the North? The Iowa premiere will take place Thursday, **Oct. 18**, at 6 p.m., at the Figge Art Museum, located at 225 West 2<sup>nd</sup> Street in Davenport. The Illinois premiere will take place Saturday, **Oct. 20**, at 3 p.m., at the Moline Public Library, located at 3210 41<sup>st</sup> Street in Moline. Both premieres are free and open to the public. The 30-minute documentary tells the story of the prison using dramatic photos and other high-definition images. It captures the life of prisoners using their own words from diaries and letters. The documentary also clearly demonstrates that the death rate at Rock Island was much lower than



the astonishing death rate at Andersonville Prison in Georgia. A trailer for the documentary can be viewed [HERE](#). After each showing, writers/directors Ezra Sidran and Ed Isenberg will field questions from the audience. The documentary on DVD will be available for purchase for \$10.

**RIA 150 History Break:** Think about taking a "History Break" to celebrate Rock Island Arsenal's 150<sup>th</sup> Anniversary, on **Nov. 9**, Sam Heilig or Mike McKean, Rock Island District, U.S. Army Corps of Engineers, will present "Mississippi River Navigation History." Sponsored by the Rock Island Arsenal Historical Society, these lunch and learns will be held the second Thursday of each month in 2012. **Join us in the Caisson Room, Bldg. 60, first floor, south wing, 12-1 p.m.** As these presentations occur during lunchtime, you may bring a brown bag lunch or purchase food at the adjacent food court. Employees can sign up for these professional development opportunities in [TEDs](#) (Search Term "History Breaks"). If you don't have access to [TEDs](#), please call Kris



Leinicke at (309) 782-3518 to make a reservation. Due to the size of the Caisson Room, participation is limited to 50. Upcoming presentations include: On **Dec. 13**, Ron Deiss, Rock Island District, U.S. Army Corps of Engineers, will present a Heritage Documentaries video, "[The Rock Island Civil War Prison: Andersonville of the North?](#)"

**Italian Soldiers at Arsenal During WW II:** When the U.S. entered World War Two, Italy was one of our opponents. But by the end, many Italian soldiers were working to help America win. That's the subject of this edition of "Rock Island Arsenal: Inside the Gates". When Italy surrendered to the Allies, captured Italian troops being held in America, still couldn't go home until the war was over. They had a choice, stay in camps, or go to work helping with the American war effort. And, some of those men ended up at the Rock Island Arsenal. Italy had surrendered, but World War II raged on, and the Rock Island Arsenal was intensely busy. So the arrival of captured Italians, willing to work, was welcome news. ([More](#))

**This Week in Rock Island Arsenal History – Oct. 15-21:** A lost portrait of Col. George Davenport was returned to Davenport on Oct. 15, 1957. The

portrait was painted by Peter Britt, a Swiss immigrant. Three bandits from the Banditti of the Prairie Gang were hung for the murder of Colonel George Davenport on Oct. 19, 1845, in the village of Rock Island.

## Healthbeat

**Breast Cancer Awareness Month:** Breast cancer is the most commonly diagnosed non-skin cancer in women. This year, approximately 226,870 women in the U.S. will receive a diagnosis of invasive breast cancer and 63,300 women will be diagnosed with in situ (in one location) breast cancer. ([More](#))

**New Defense Health Headquarters Opens Doors:** The new Defense Health Headquarters, home to the offices of DoD's Office of Health Affairs, TriCare Management Activity, the Army and Air Force's Surgeon General's, and the Navy Bureau of Medicine opened its doors on Sept. 18. Opening the center is expected to increase the collaboration between the more than 3,000 health professionals. ([More](#))

**Health Clinic Announcement:** Sick Call hours 7-8 a.m. Tricare Closed **Oct.**



**18 and 19.** Pharmacy closed Thursday and Friday, **Oct. 25, 26** due to construction. Clinic closed, Thursday, Staff meeting/training **Oct. 26** at 11:30 a.m. For any issues or concerns with the RIAHC clinic please call our customer support line (309) 782-0721.

## Notes for Veterans

### **DoD Official Praises Vet Employment Program:**

A senior defense official took part today in the announcement in New York of a new hiring program that aims to train and place 100,000 veterans in advanced manufacturing and related jobs by 2015. John R. Campbell, deputy assistant secretary of defense for warrior care and transition policy, joined officials from General Electric, Alcoa, Boeing and Lockheed Martin as they announced a partnered effort with the Manufacturing Institute to fast-track veterans into manufacturing jobs or skills training. The “Get Skills to Work” program, according to GE chairman and CEO Jeff Immelt, seeks to match veterans with some of the more than half-million unfilled high-tech manufacturing jobs in the United States. Veterans, a million of whom are expected to leave service in the next four years, have the teamwork skills and

personal values to make them successful in manufacturing, he said. ([More](#))

## Car Pooling Announcements

*Submit car pooling announcements via the [Island Insight submission page](#). Please use that page to contact Garrison Public Affairs to take your announcement off once you have found a ride.*

### **Car Pool:**

- **Car Pool:** Looking to join a car pool or ride and pay. IL 84 southbound Fulton/ Albany/ Cordova area. Interested text me at (563) 650-8791.
- **Carpool:** Looking for members to join carpool along the Hwy. 61 corridor from Dubuque to Rock Island Arsenal, 2<sup>nd</sup> shift 2:15-10:30 p.m. Starting in the middle April. [Email](#) or call (815) 651-4624.
- **Carpool:** Commuter living in Rio, Ill., looking for someone to carpool with from Galesburg/Alpha area. Employee works 6 a.m. - 3:30 p.m. w/RDO 1<sup>st</sup> Friday of Pay period. [Email](#) or call (309) 782-5472.

## Around the Q.C.

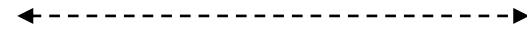


**Oct. 23-28:** [FLW National Guard Walleye Tournament](#) (Centennial Park, Davenport)  
**Oct. 25:** [Clear Channel Halloween Walk](#) (Park at Miller Time Bowling and ride the shuttle to Clear Channel Hill)  
**Oct. 25:** [Fright Night](#) (The District)  
**Oct. 26:** [Bucktown's Deadstock](#) (Bucktown)  
**Oct. 26:** [Halloween Bash](#) (Waterfront Convention Center)  
**Oct. 27:** [RIA Military Retiree Appreciation Day](#) (RIA, Bldg. 60)  
**Oct. 27:** [Witches Walk](#) (Downtown LeClaire)  
**Oct. 27:** [Daiquiri Factory's Boneyard Boogie](#) (The District)  
**Oct. 27-28:** [Boo at the Zoo](#) (Niabi Zoo, Milan)  
**Oct. 27-28:** [Rock and Gem Show](#) (Mississippi Valley Fairgrounds)  
**Oct. 28:** [Bettendorf Halloween Parade, 1 p.m.](#) (Middle Road & 23rd Street)  
**Oct. 31:** [Davenport Halloween Parade, 7 p.m.](#) (Downtown Davenport)  
**Nov. 8:** [Honor Flight of the Quad Cities](#) (Quad City International Airport to D.C.)  
**Nov. 11:** [Doll Show](#) (Mississippi Valley Fairgrounds)  
**Nov. 16-25:** [Quad City Arts Festival of Trees](#) (RiverCenter)  
**Nov. 17:** [Festival of Trees Parade](#) (Downtown Davenport)  
**Nov. 17:** [Lighting on the John Deere Commons & Holiday Pops Concert](#) (Downtown Moline)  
**Dec. 1-14:** [Season of Light-Star of Bethlehem](#) (Augustana College Planetarium)  
**Dec. 2:** [19<sup>th</sup> Century Christmas](#) (Butterworth Center, Moline)  
**Dec. 7:** [Gallery Hop!](#) (The District)





**Dec. 8-9: 131<sup>st</sup> Annual Performance of Handel's Messiah** (Centennial Hall, Augustana College)



## Island Insight



**Joel Himsl**, Garrison Manager; **Eric Cramer**, Public Affairs Officer; **Mark Kane**, Editor

The Army publication, *Island Insight*, is an unofficial publication authorized under [AR 360-1](#) to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processor software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of [AR 360-1](#) by the Rock Island Arsenal Garrison Public Affairs Office. Contents of *Island Insight* are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of *Island Insight* is the responsibility of the Rock Island Arsenal Garrison Public Affairs Office. Submission of [announcements](#), articles, photos, letters, and graphic art of interest to the general readership is encouraged. All manuscripts are subject to editing and rewriting prior to publication. Postal address: Garrison Manager, 1 Rock Island Arsenal, ATTN: IMNE-RIA-PA, Rock Island, IL 61299-

5000. For [submission of announcements to the Island Insight](#); [usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil](mailto:usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil); Phone: (309) 782-1121. The *Island Insight* is [available on-line](#).

